

**TIME'S<sup>TM</sup>**  
**== UP**  
**HEALTHCARE**

**Transforming Our Workplace: It's Time**



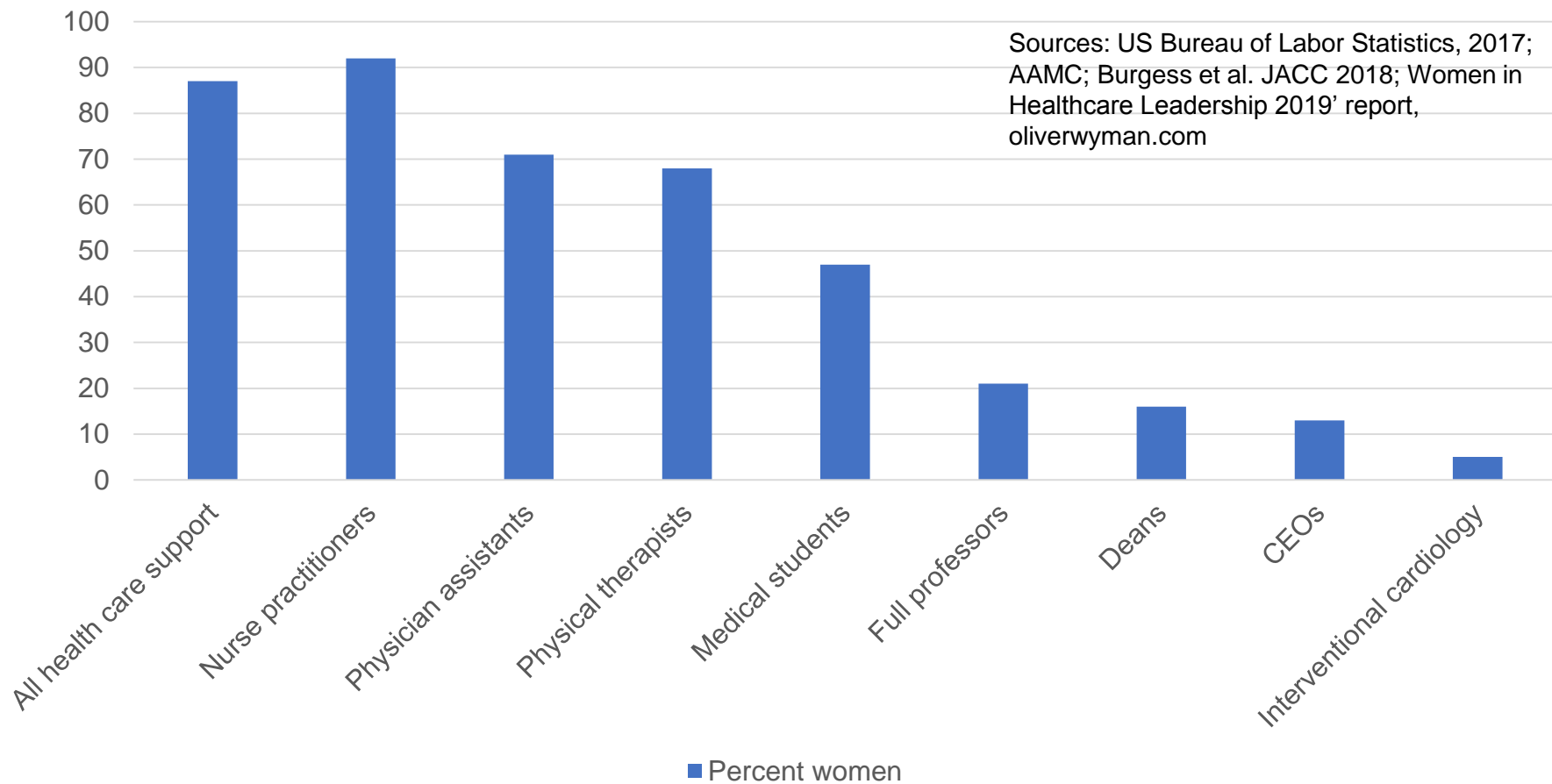
# OBJECTIVES

- Describe harassment and gender-based career disparities in healthcare
- Highlight the case for equity and safety
- Discuss (and brainstorm) individual & institutional solutions
- Introduce TIME'S UP Healthcare and discuss synergies with the Mullan Institute for Health Workforce Equity and GW

# THE PROBLEM

---

# Why focus on women in healthcare?



The National Academies of  
SCIENCES · ENGINEERING · MEDICINE

CONSENSUS STUDY REPORT

# *Sexual Harassment of Women*

Climate, Culture, and  
Consequences in  
Academic Sciences, Engineering,  
and Medicine



promising professional  
rewards in return for  
sexual favors

threatening professional  
consequences unless sexual  
demands are met

**UNWANTED SEXUAL ATTENTION**

rape

sexual assault

unwanted groping or stroking

~~~~~ PUBLIC CONSCIOUSNESS ~~~~~

GENDER HARASSMENT

relentless pressure  
for sex

unwanted sexual  
discussions

nude images posted  
at work

relentless pressure  
for dates

sexually humiliating acts

offensive sexual teasing

sexual insults  
e.g. *"for a good time call..."*,  
*calling someone a whore*

sexist insults  
e.g. *women don't belong  
in science*

offensive remarks  
about bodies

obscene gestures

sabotage of women's  
equipment

vulgar name calling  
e.g. *"slut," "bitch," "c\*\*t"*

gender slurs  
e.g. *"pu\*\*y"*

insults to working mothers  
e.g. *"you can't do this job with  
small kids at home"*

[www.nap.edu](http://www.nap.edu)



## (1) **gender harassment:**

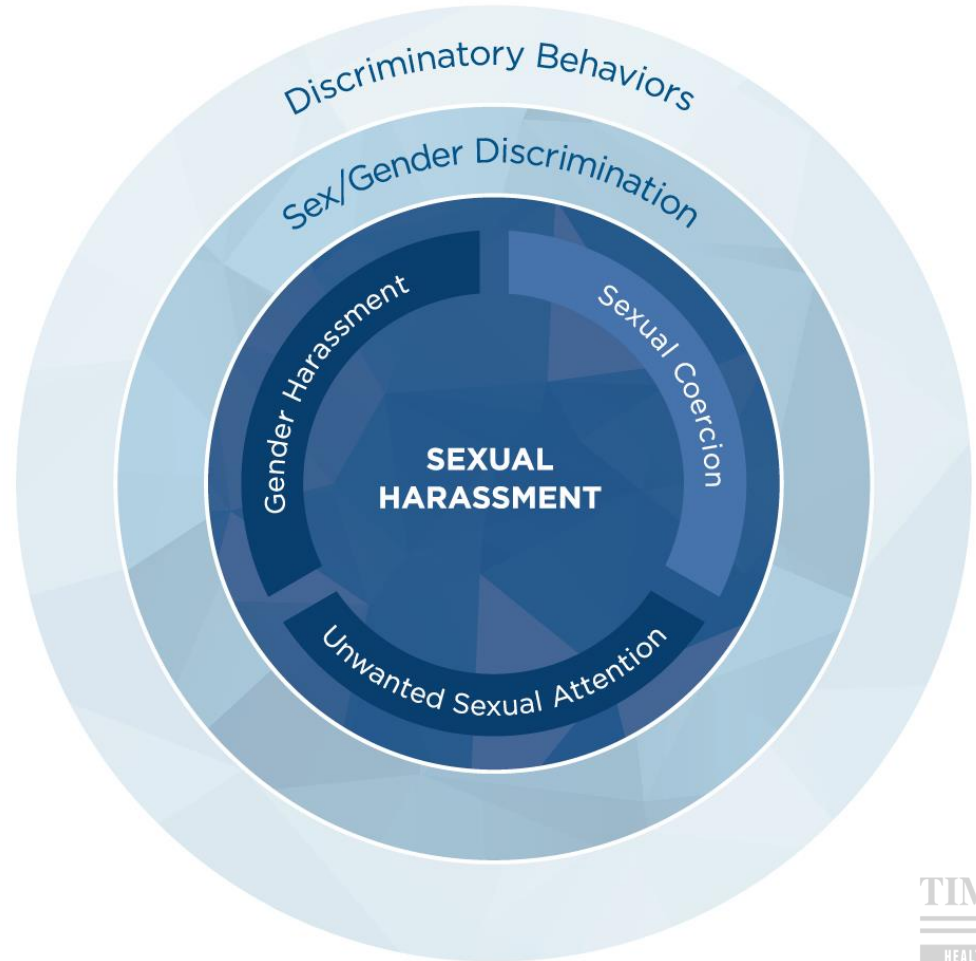
verbal and non-verbal behaviors that convey hostility, objectification, exclusion, or second-class status

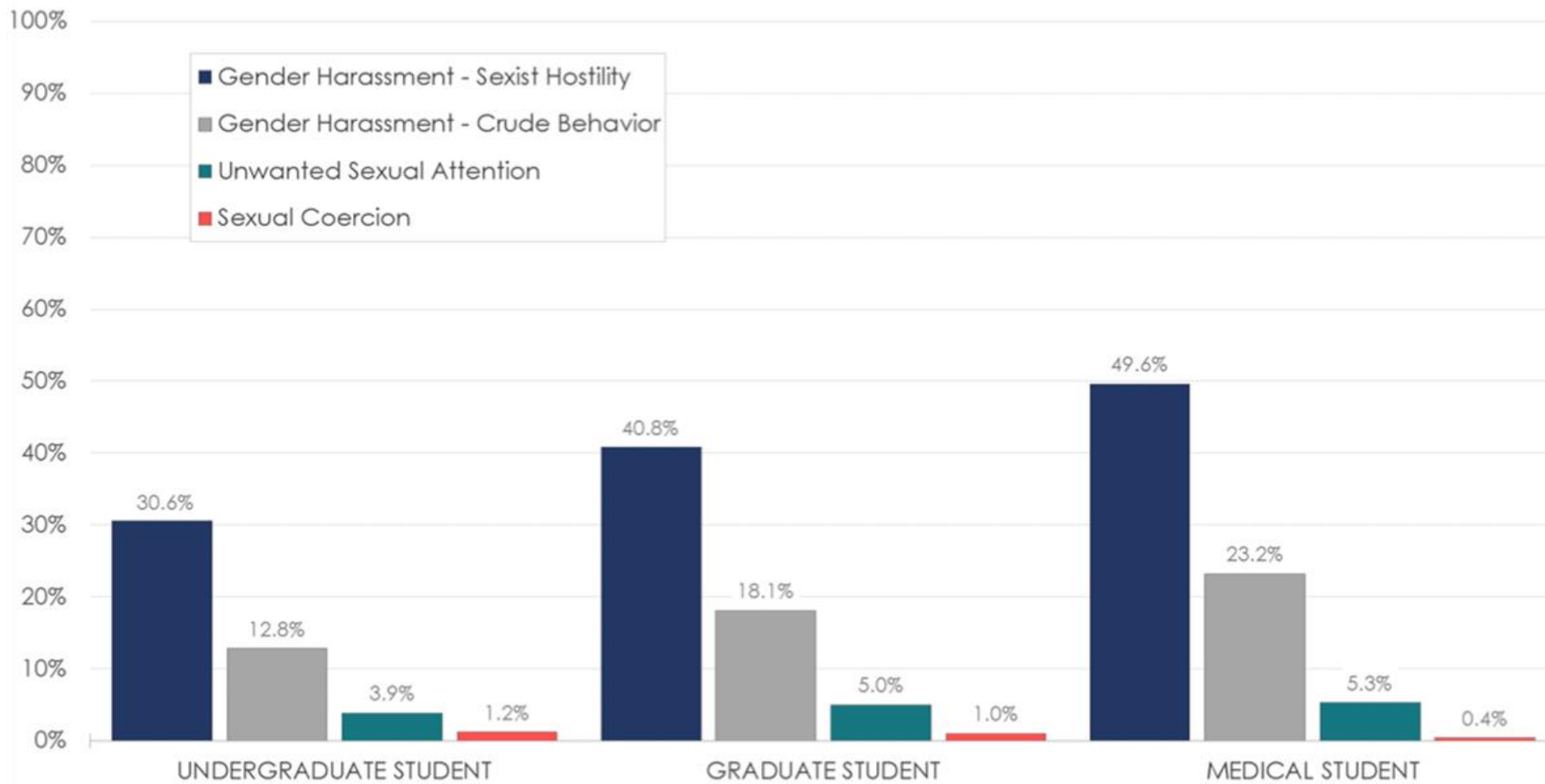
## (2) **unwanted sexual attention:**

unwelcome verbal or physical sexual advances, which can include assault

## (3) **sexual coercion:**

when favorable professional or educational treatment is conditioned on sexual activity





# Changes in the Professional Lives of Cardiologists Over 2 Decades



Sandra J. Lewis, MD,<sup>a</sup> Laxmi S. Mehta, MD,<sup>b</sup> Pamela S. Douglas, MD,<sup>c</sup> Martha Gulati, MD, MS,<sup>d</sup> Marian C. Limacher, MD,<sup>e</sup> Athena Poppas, MD,<sup>f</sup> Mary Norine Walsh, MD,<sup>g</sup> Anne K. Rzeszut, MA,<sup>h</sup> Claire S. Duvernoy, MD,<sup>i</sup> on behalf of the American College of Cardiology Women in Cardiology Leadership Council

## ABSTRACT

The American College of Cardiology third decennial Professional Life Survey was completed by 2,313 cardiologists: 964 women (42%) and 1,349 men (58%). Compared with 10 and 20 years ago, current results reflect a substantially lower response rate (21% vs. 31% and 49%, respectively) and an aging workforce that is less likely to be in private practice. Women continue to be more likely to practice in academic centers, be pediatric cardiologists, and have a noninvasive subspecialty. Men were more likely to indicate that family responsibilities negatively influenced their careers than previously, whereas women remained less likely to marry or have children. Men and women reported similar, high levels of career satisfaction, with women reporting higher satisfaction currently. However, two-thirds of women continue to experience discrimination, nearly 3 times the rate in men. Personal life choices continue to differ substantially for men and women in cardiology, although differences have diminished. (J Am Coll Cardiol 2017;69:452-62) Published by Elsevier on behalf of the American College of Cardiology Foundation.

Lewis, et al.  
JACC 2017

# Cardiologists

- 65% of women reported discrimination
  - 96% related to gender
  - 37% related to parenting responsibilities
- Women were less likely to be married or have children
  - Those that did were responsible for childcare
  - 57% of men's partners provided all childcare

# Clinician-researchers

- 30% of women reported sexual harassment experiences, compared to 4% of men
  - Half reported a negative impact on confidence as a professional and reported these experiences negatively affected career advancement

The National Academies of  
SCIENCES · ENGINEERING · MEDICINE

CONSENSUS STUDY REPORT

# *Sexual Harassment of Women*

Climate, Culture, and  
Consequences in  
Academic Sciences, Engineering,  
and Medicine

## REPORT CONCLUSIONS

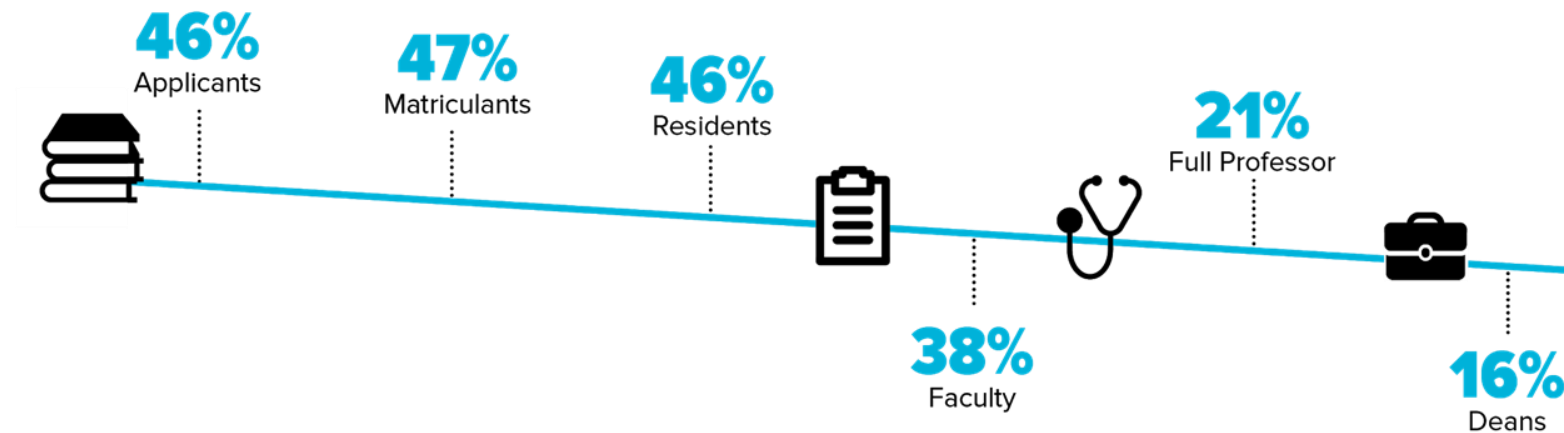
- Little change over time
- Worst in medicine
- Overlooked, tolerated
- Under and poorly measured
- Stalled on litigation
- Effects compounded by race/ethnicity

# NOT JUST HARASSMENT

---

The system that supports harassment is one of inequity

# RETENTION & PROMOTION





# LEADERSHIP

Plenty of  
moustaches but not  
enough women:  
cross sectional study  
of medical leaders.

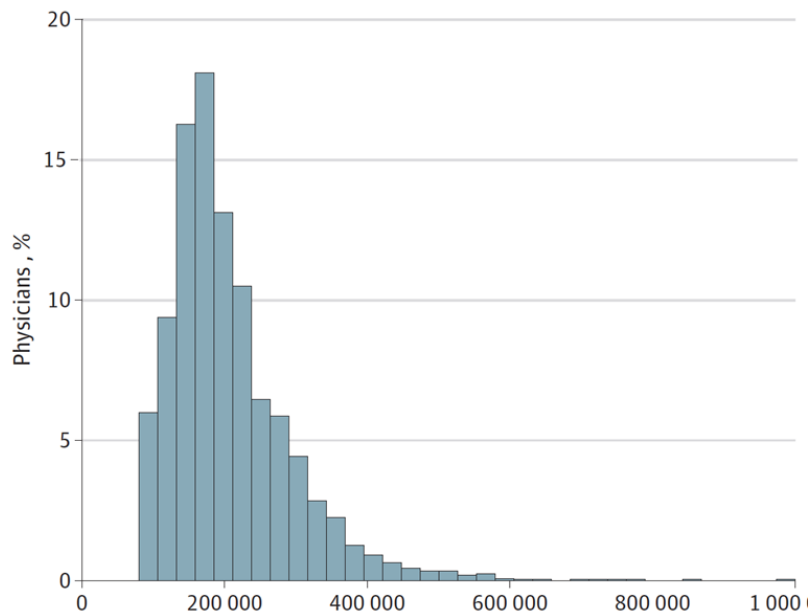
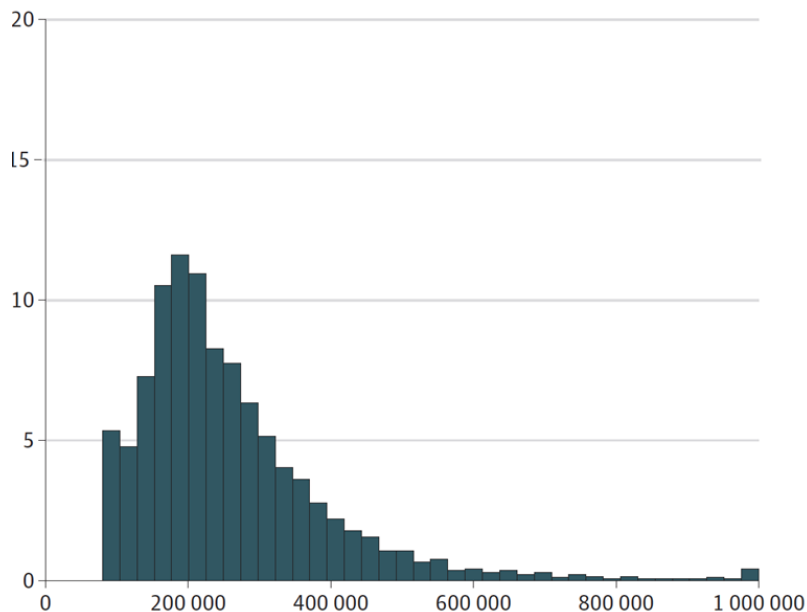
*BMJ 2015;351:h6311*



19% mustaches

# COMPENSATION

## Sex Differences in Physician Salary in US Public Medical Schools *JAMA Intern Med. 2016; 176(9):1294-1304*

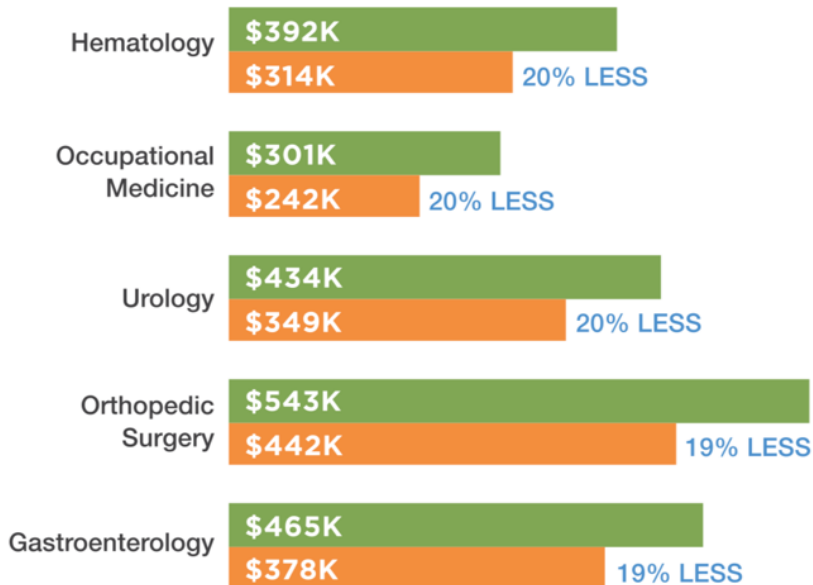


**UNEXPLAINED \$19,878 DIFFERENCE IN SALARY**

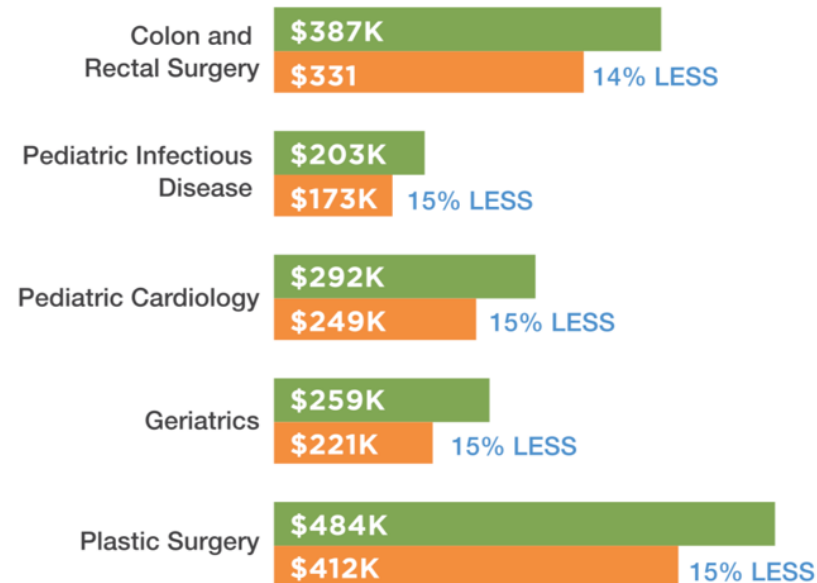
# COMPENSATION



Medical specialties with the **LARGEST** wage gaps between **MEN** and **WOMEN** in 2017



Medical specialties with the **SMALLEST** wage gaps between **MEN** and **WOMEN** in 2017



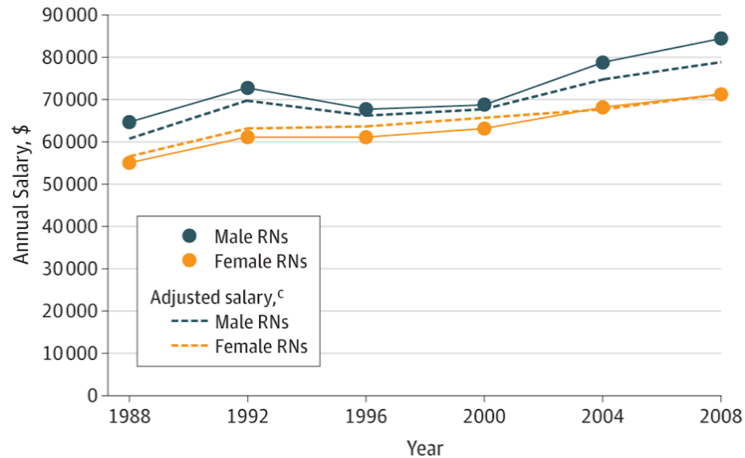
**WOMEN EARNED \$105K LESS, ON AVERAGE**

# COMPENSATION

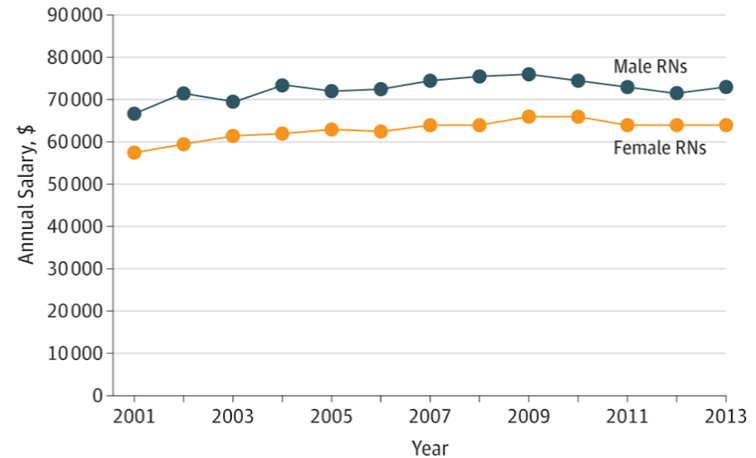
## Salary Differences Between Male and Female Registered Nurses in the United States.

*JAMA. 2015;313(12):1265-1267.*

National Sample Survey of Registered Nurses annual salary by gender<sup>a</sup>



American Community Survey annual salary by gender<sup>b</sup>



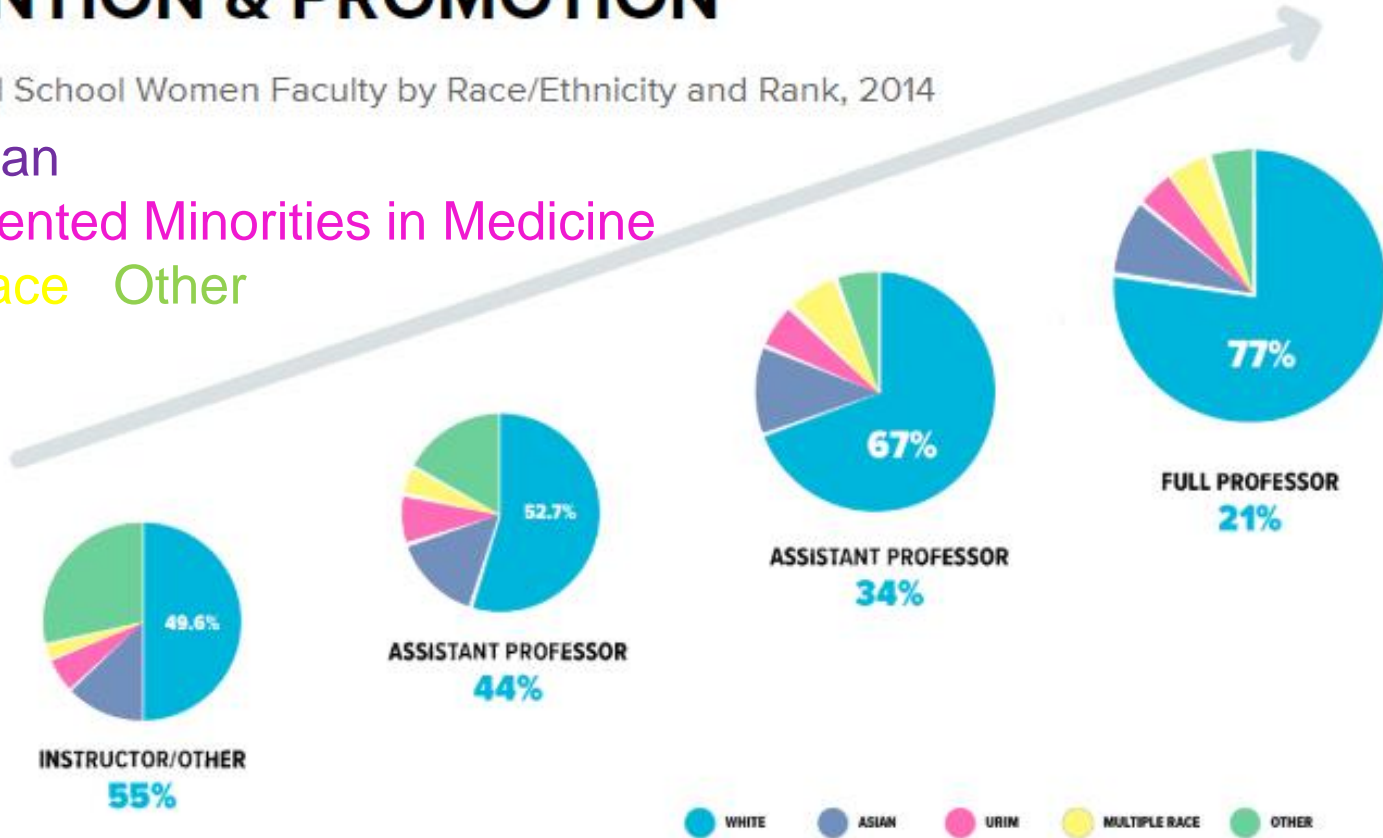
# RETENTION & PROMOTION

U.S. Medical School Women Faculty by Race/Ethnicity and Rank, 2014

White Asian

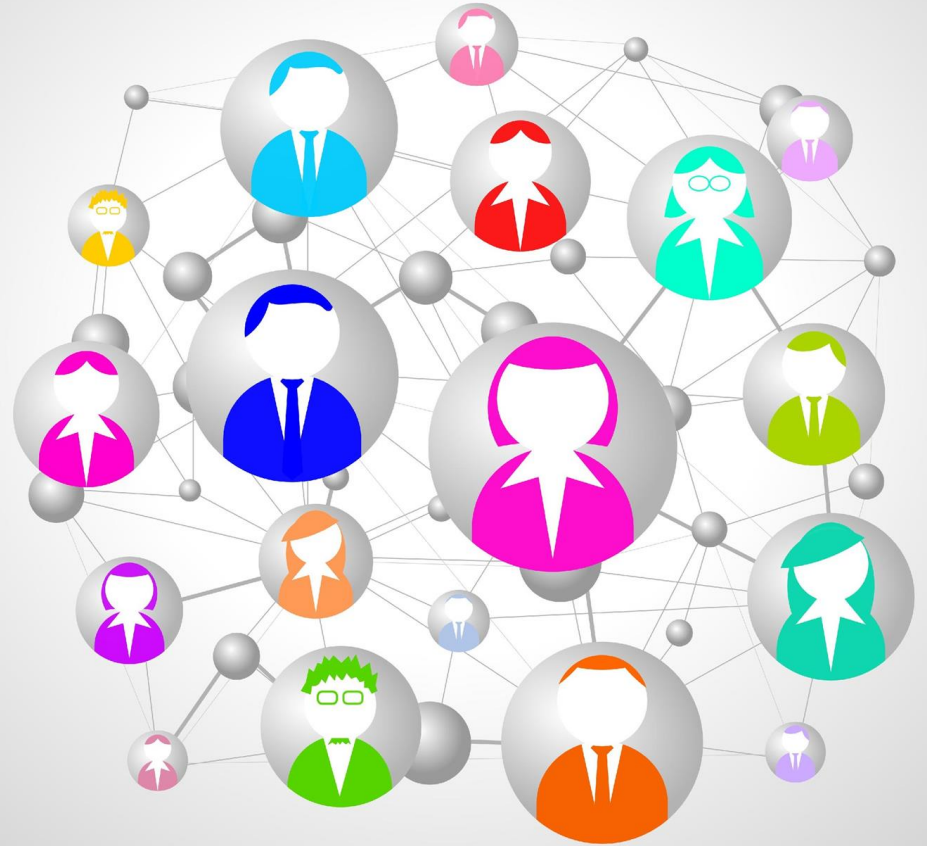
Underrepresented Minorities in Medicine

Multiple Race Other



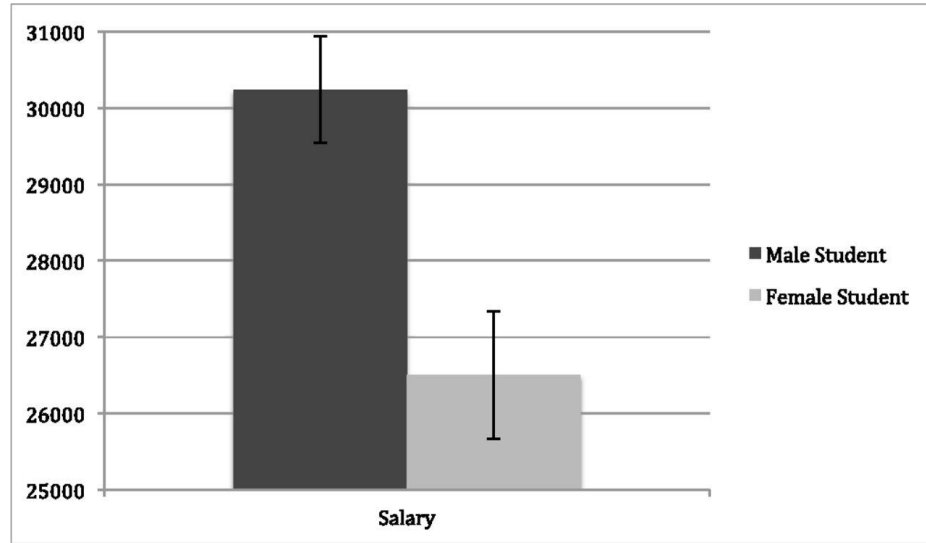
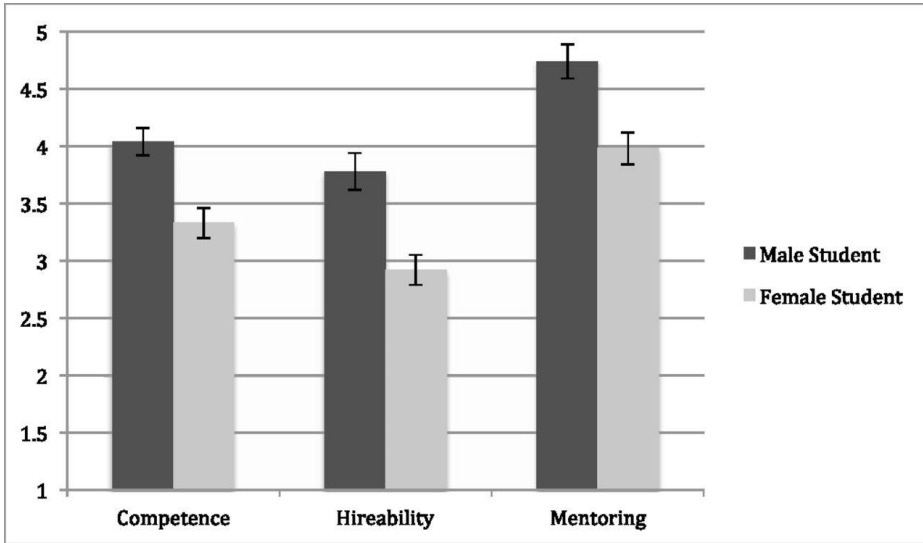
“

Negative effects of harassment extend to witnesses, workgroups, and entire organizations.



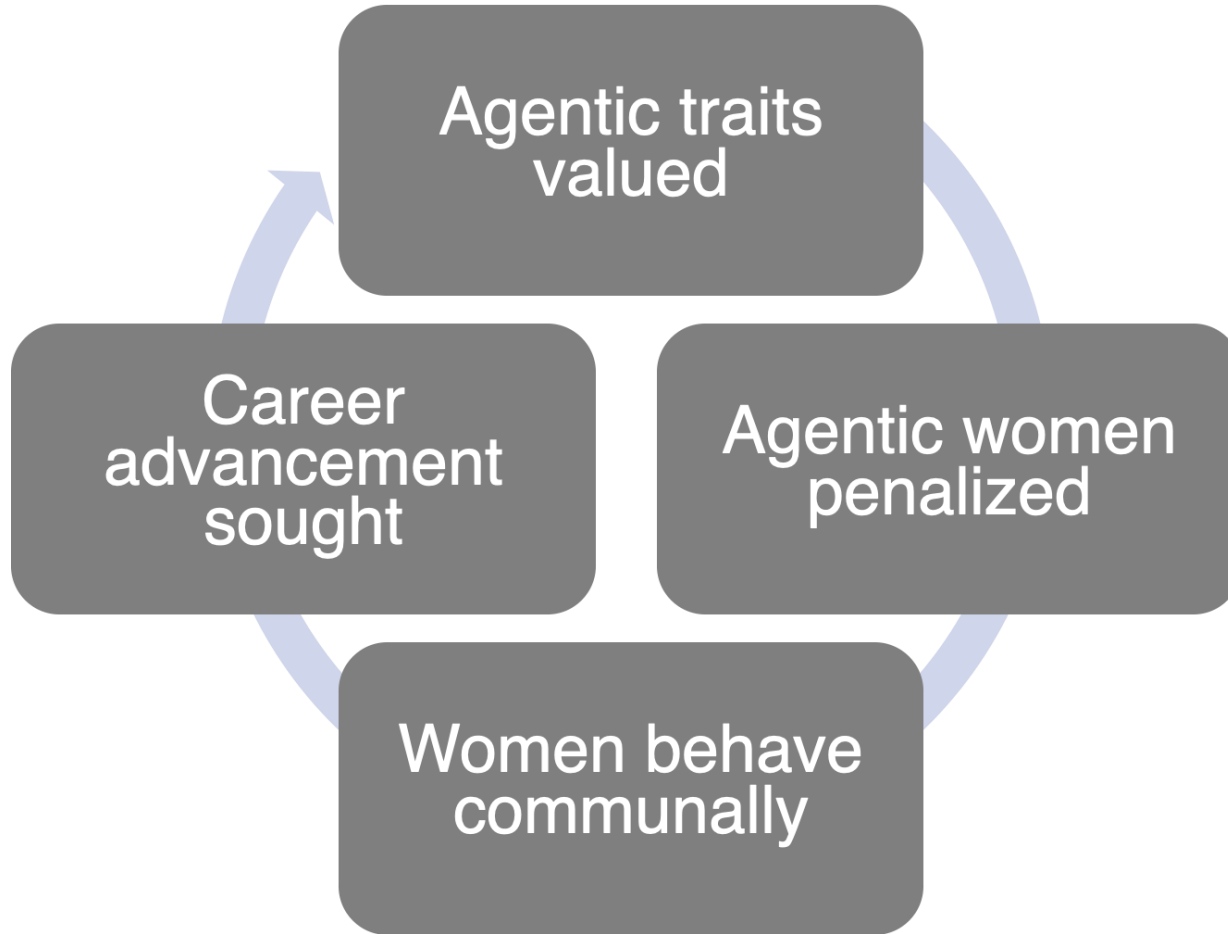
**WHY DOES  
THIS CULTURE PERSIST?**

# Science faculty's subtle gender biases favor male students

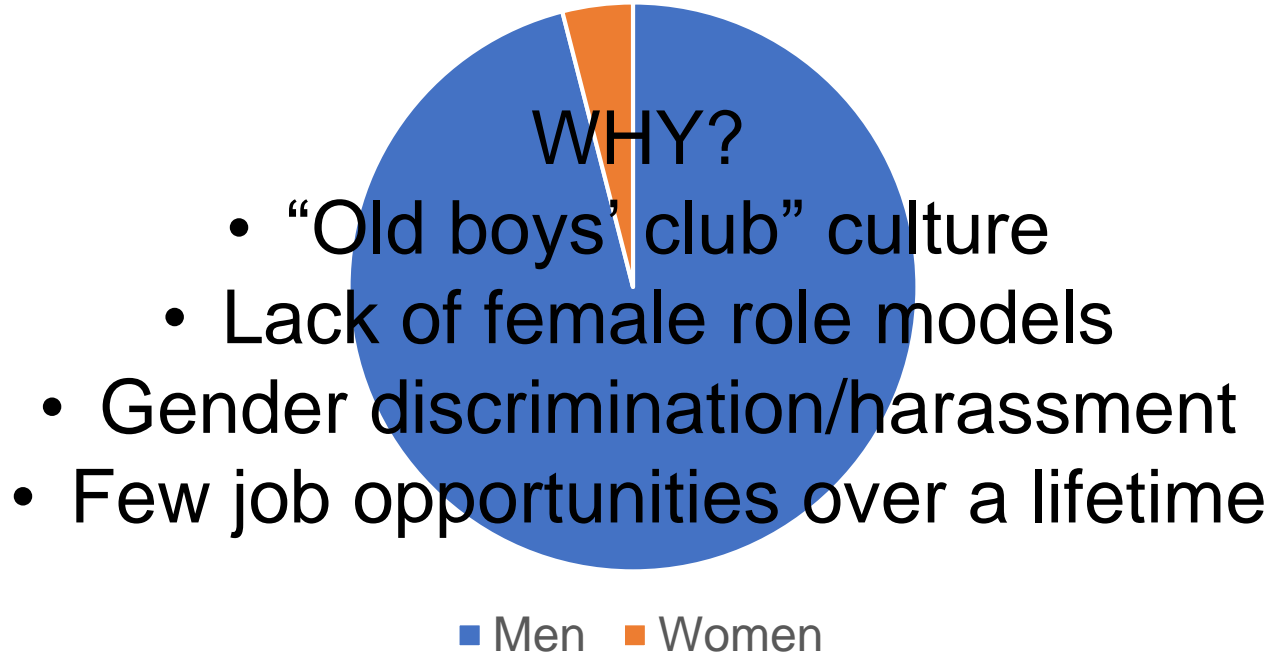


PNAS 2012 109 (41): 16474-16479





# Interventional cardiologists



# COMPETENCE/LIKEABILITY DILEMMA

**HEIDI**



...she is competent  
**BUT**  
I don't want to work  
for her.  
I don't really like her.

VS

**“HOWARD”**



...he is competent  
**AND**  
... I want to work for  
him.  
.... I really like him.



**CORONARY**

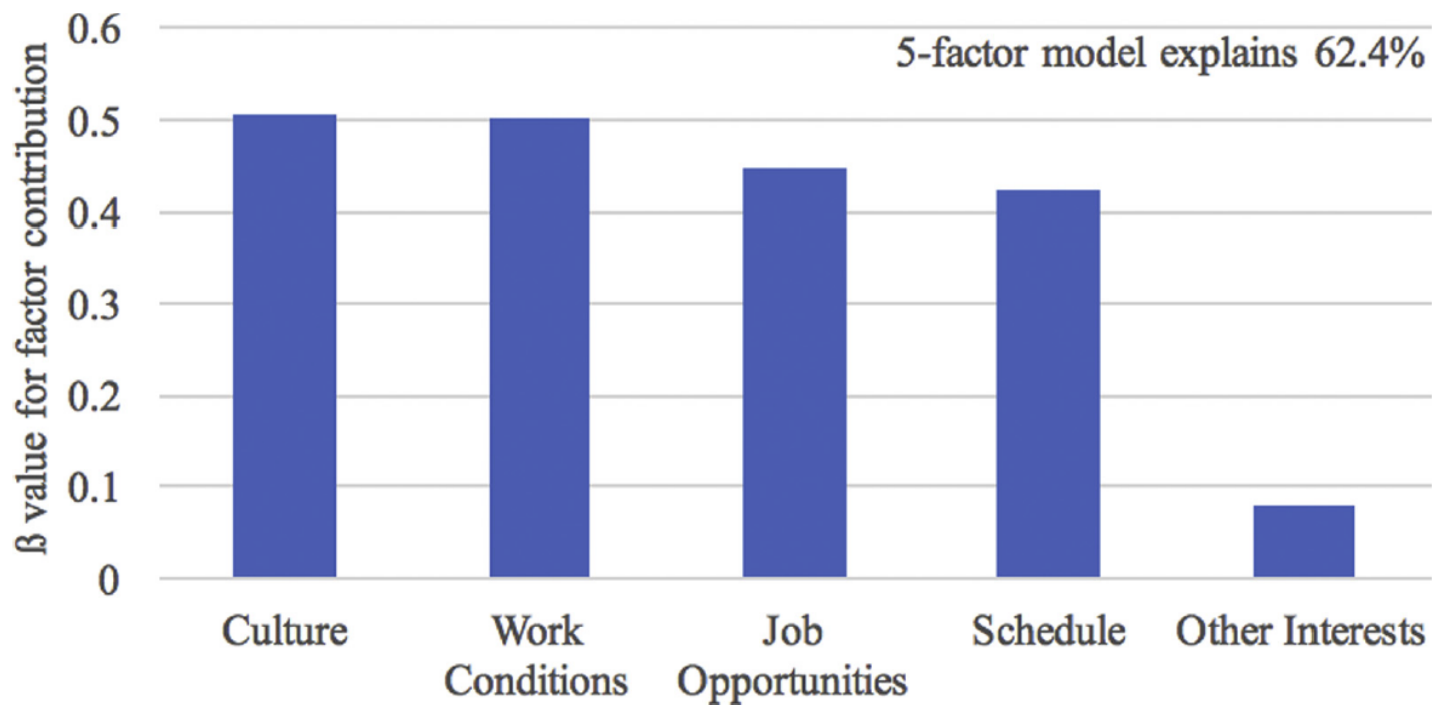
---

# Sex Differences in the Pursuit of Interventional Cardiology as a Subspecialty Among Cardiovascular Fellows-in-Training



Celina M. Yong, MD, MBA, MSc,<sup>a,b</sup> Freddy Abnoui, MD, MBA, MSc,<sup>b,c</sup> Anne K. Rzeszut, MA,<sup>d</sup>  
Pamela S. Douglas, MD,<sup>e</sup> Robert A. Harrington, MD,<sup>b</sup> Roxana Mehran, MD,<sup>f</sup> Cindy Grines, MD,<sup>g</sup> S. Elissa Altin, MD,<sup>c</sup>  
Claire S. Duvernoy, MD,<sup>h</sup> for the American College of Cardiology Women in Cardiology Leadership Council (ACC WIC)  
and the Society for Cardiovascular Angiography and Interventions Women in Innovations (SCAI WIN)

**FIGURE 3** Barriers to Choosing IC



Five categories of attributes were identified as barriers to selecting an IC career. They are shown here according to beta value for the factor contribution, which means that the factors with the highest beta values contributed more to deselecting IC. This 5-factor model explains 62.4% of variance in the original variables accounted for by the factors. IC = interventional cardiology.

## *How Medicine Became the Stealth Family-Friendly Profession*

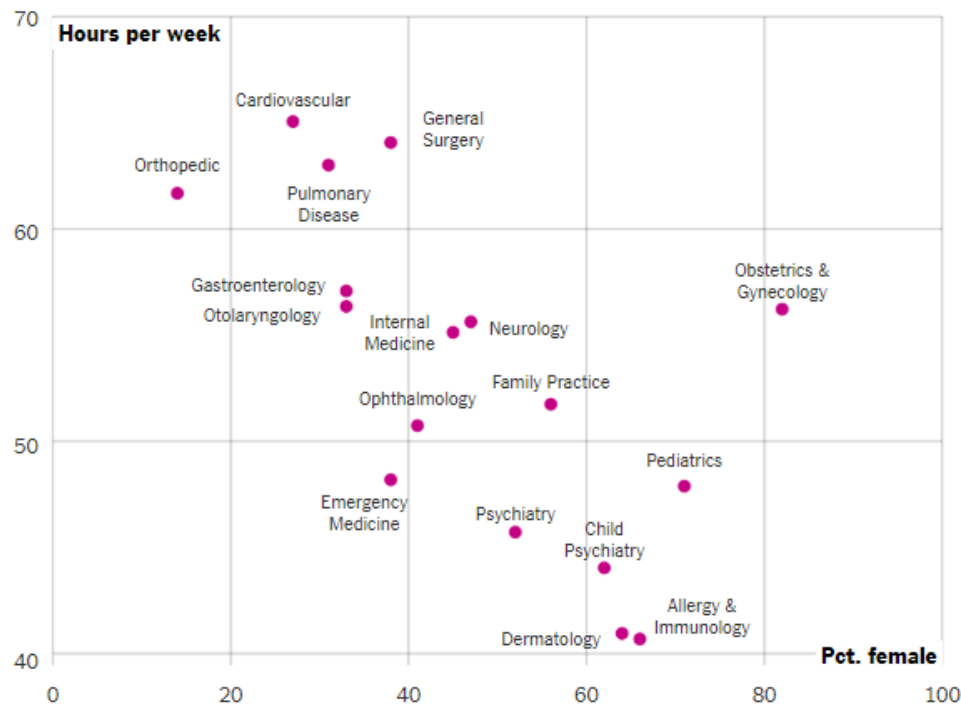
Female doctors are more likely than other professionals to have children and keep working. The reasons offer lessons for other jobs.



NY Times Aug 21, 2019  
Claire Cain Miller

## Female Doctors Choose Specialties With Fewer Hours

For doctors under 45, the specialties with shorter average workweeks attract more women, and those with longer hours have more men.



NY Times  
Aug 21, 2019  
Claire Cain Miller

By The New York Times | Source: Claudia Goldin analysis of Community Tracking Study Physician Survey and American Medical Association data.

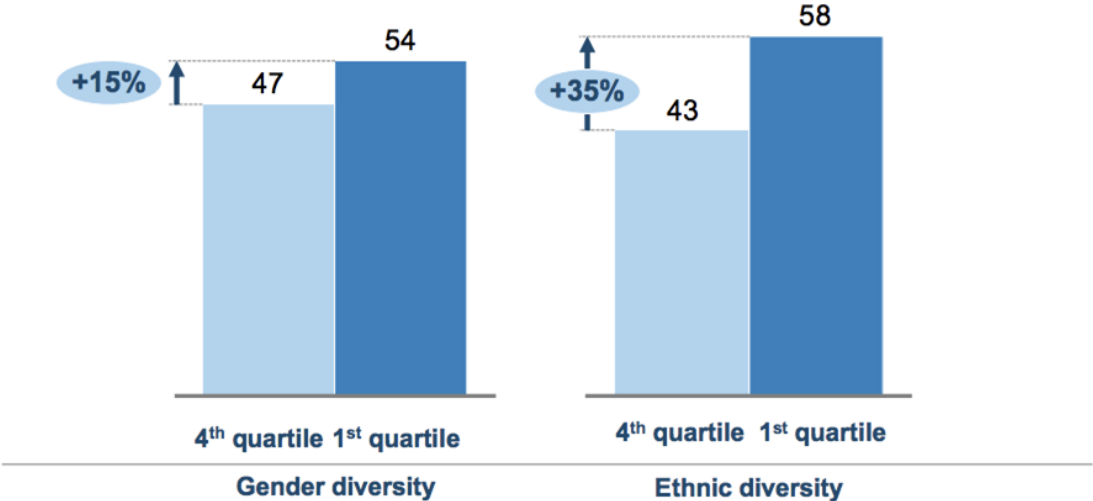
**WHAT DO WE  
GAIN BY FIXING IT?**



# THE BUSINESS CASE

## How diversity correlates with better financial performance

Likelihood of financial performance above national industry median, by diversity quartile  
%



# THE BUSINESS CASE

Diversity has a positive impact on many key aspects of organisational performance *McKinsey 2015*

Improve decision making

Win the war for talent

Enhance the company's image

Increase employee satisfaction

Strengthen customer satisfaction

# THE CLINICAL CASE

thebmj

Research ▾

Education ▾

News & Views ▾

Campaigns ▾

Archive

## Research

### Comparison of postoperative outcomes among patients treated by male and female surgeons: a population based matched cohort study

BMJ 2017 ;359 doi:<https://doi.org/10.1136/bmj.j4366> (Published 10 October 2017)

Cite this as: *BMJ* 2017;359:j4366

**Patients treated by female surgeons had *lower odds of death* 30 days post-op and no difference in length of stay, complications, or readmission rates vs. male surgeons**



# Patient–physician gender concordance and increased mortality among female heart attack patients

Brad N. Greenwood<sup>a,1</sup>, Seth Carnahan<sup>b</sup>, and Laura Huang<sup>c</sup>

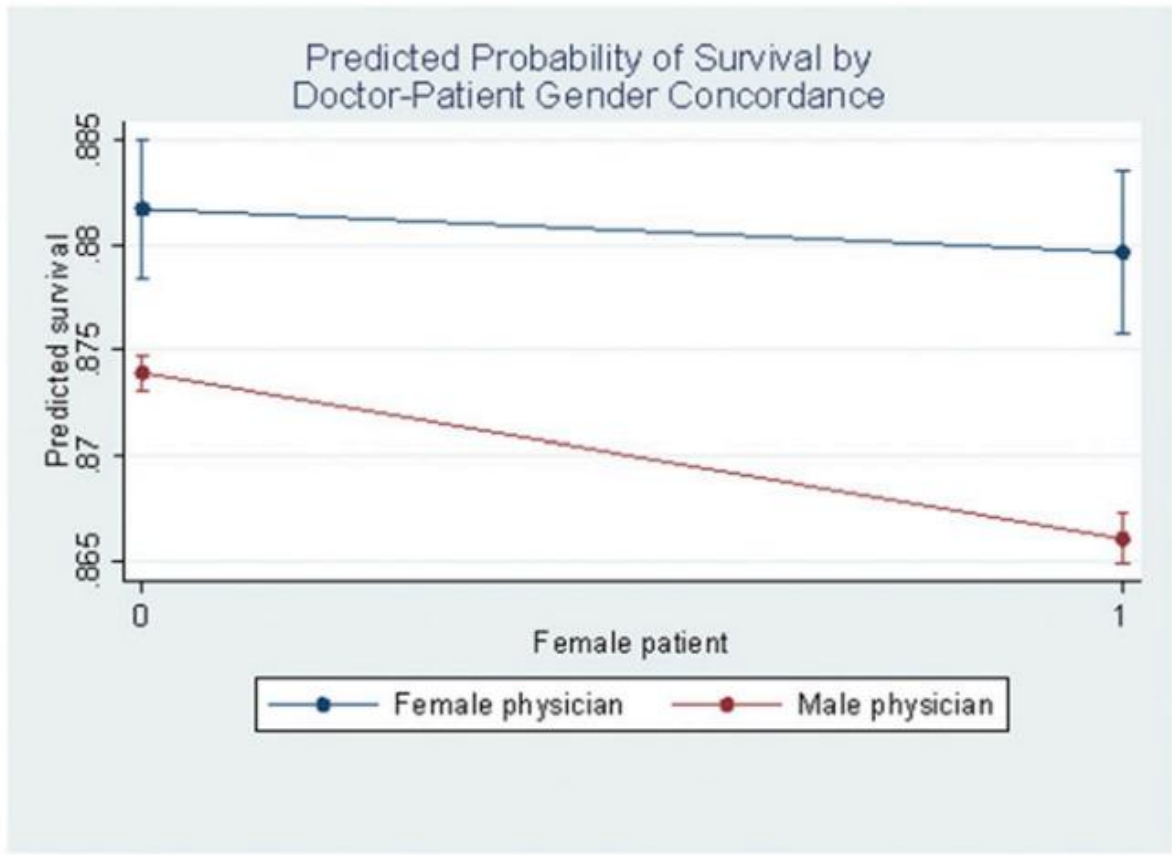
<sup>a</sup>Carlson School of Management, University of Minnesota–Twin Cities, Minneapolis, MN 55455; <sup>b</sup>Olin Business School, Washington University in St. Louis, St. Louis, MO 63130; and <sup>c</sup>Harvard Business School, Harvard University, Boston, MA 02163

Edited by Michael Roach, Cornell University, Ithaca, NY, and accepted by Editorial Board Member Mary C. Waters July 3, 2018 (received for review January 3, 2018)

**We examine patient gender disparities in survival rates following acute myocardial infarctions (i.e., heart attacks) based on the gender of the treating physician. Using a census of heart attack patients admitted to Florida hospitals between 1991 and 2010, we find higher mortality among female patients who are treated by male physicians. Male patients and female patients experience similar outcomes when treated by female physicians, suggesting that unique challenges arise when male physicians treat female patients. We further find that male physicians with more exposure to female patients and female physicians have more success treating female patients.**

issues are salient in the medical setting. We posit that these challenges exacerbate the difficulty of diagnosing and treating AMIs, such that physician–patient gender concordance contributes to better patient outcomes. We further argue that the benefits of gender concordance will be strongest for female patients due to the difficulty of diagnosing and treating AMIs in female patients. We find empirical support for these ideas, documenting that gender concordance between the patient and physician influences measurable, substantive outcomes like patient survival and length of stay during an AMI. Furthermore, this relationship is much stronger for female patients. Results suggest that medical providers may need to account for the possible challenges physicians (particularly male physicians) face when treating AMI patients of the opposite gender.

gender disparity | patient–physician gender concordance |  
patient advocacy | heart attacks | mortality



Greenwood et al. PNAS 2018

**Fig. 1.** Gender concordance and patient survival: results from Table 2, column 3, 90% confidence interval displayed. Estimates include controls and hospital quarter fixed effects. Covariates held at sample means.  $n = 581,797$ .

**HOW DO WE  
FIX THIS?**

# INTERNAL DRIVERS

- Visible prioritization from highest leadership
  - *Including repairing the leaky pipeline*
- Accountability to the community and stakeholders
- Targets for change known and progress shared
- “Champions” of change

# The Path Forward: Calling On All Leaders to Be Ethical

**Medical schools,  
hospitals, and  
healthcare  
organizations**

---

**Medical societies**

---

**Medical journals**

---

**Funding sources**

**Calling on leaders in 4 key “gatekeeper”  
categories to:**

- ❑ Make workforce gender equity an ethical imperative
- ❑ Prioritize and properly fund initiatives to close gender equity gaps
- ❑ Avoid critical thinking errors
- ❑ Use a systematic process and specific metrics to evaluate disparities
- ❑ Implement strategic interventions





# HHS Public Access

Author manuscript

*Womens Health Issues*. Author manuscript; available in PMC 2018 May 01.

Published in final edited form as:

*Womens Health Issues*. 2017 ; 27(3): 374–381. doi:10.1016/j.whi.2016.11.003.

## **Recruitment, Promotion and Retention of Women in Academic Medicine: How Institutions Are Addressing Gender Disparities**

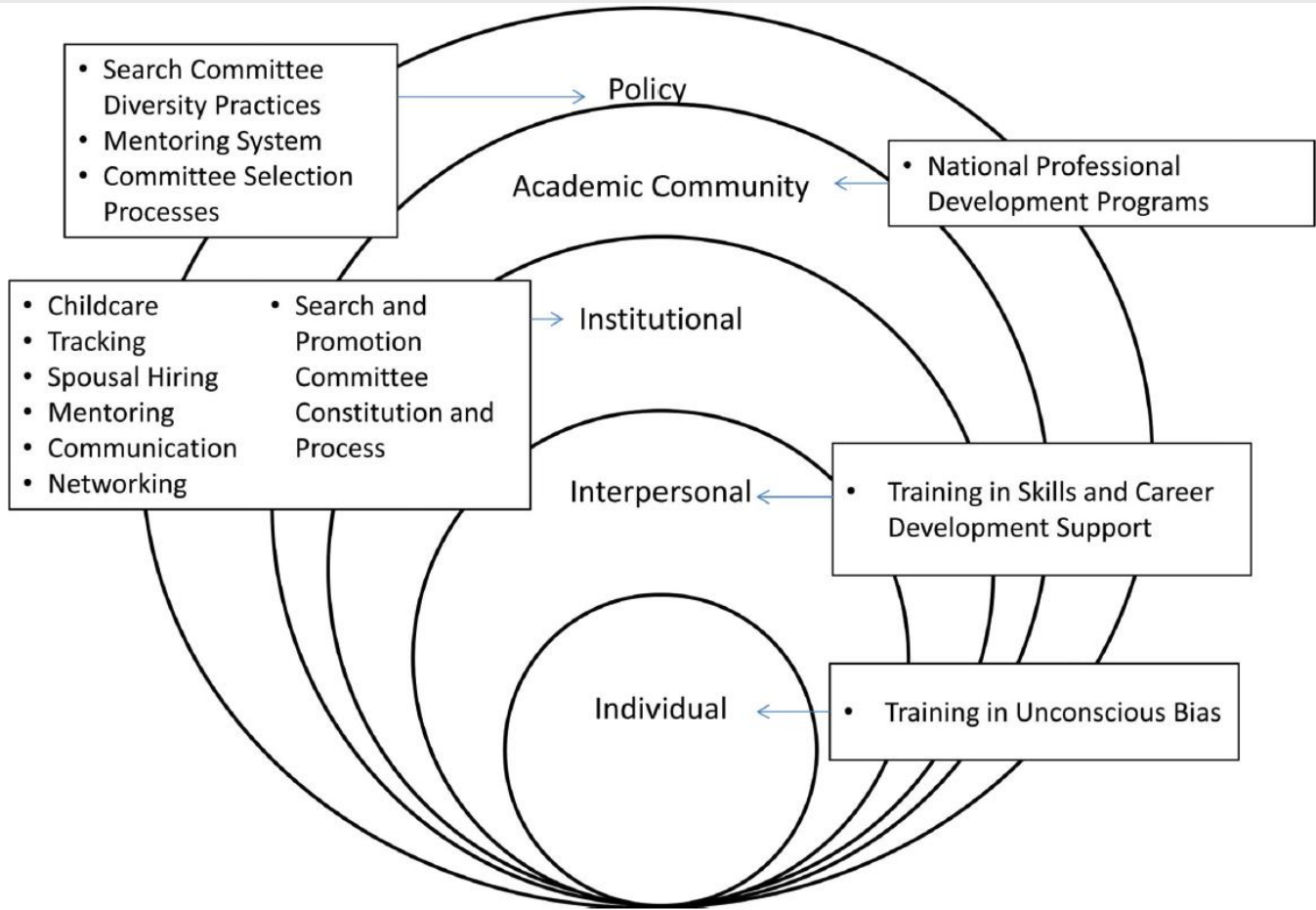
**Phyllis L. Carr, MD<sup>a</sup>, Christine Gunn, PhD<sup>b</sup>, Anita Raj, PhD<sup>c</sup>, Samantha Kaplan, MD, MPH<sup>d</sup>, and Karen M. Freund, MD, MPH<sup>e</sup>**

<sup>a</sup>Massachusetts General Hospital, Women's Health, Yawkey 4B, Boston, MA 02114

<sup>b</sup>Boston University School of Medicine, Department of Medicine, Women's Health Unit, Boston, MA 02118

<sup>c</sup>University of California, San Diego, 10111 North Torrey Pines Rd, MC-0507, La Jolla, California 92093

<sup>d</sup>Boston University School of Medicine, 72 East Concord St., Boston, MA 02118



**Figure 1.**  
 Programs in Recruitment, Promotion, and Retention by Social Level



## The Lancet C diversity

For #LancetWomen see  
www.thelancet.com/lancet-  
women

6 months ago, *The Lancet* published a theme issue on women in science and medicine. This issue (#LancetWomen) that addresses gender bias impeding progress for women within the field. It calls for action to create institutions that promote social justice or a better balance of equity and diversity in terms of gender, and to produce better health care that generate a broader range of perspectives.

### Advancing women in science, medicine, and global health

*Gender equity is not only a matter of justice and rights, it is crucial for producing the best research and providing the best care to patients. If the fields of science, medicine, and global health are to hope to work towards improving human lives, they must be representative of the societies they serve. The fight for gender equity is everyone's responsibility, and this means that feminism, too, is for everybody—for men and women, researchers, clinicians, funders, institutional leaders, and, yes, even for medical journals.*

— The Lancet

The February 9, theme issue on advancing women in science, medicine, and global health, contains new international evidence on forms of gender bias in funding; women's attrition in clinical training programmes; the extent to which universities worldwide have actualised their public commitments to gender and ethnic diversity; and the relationship between women's leadership in science and the production of sex/gender-related research.

New analysis and commentary establish the importance of feminist and masculinity theories, and problematise organisational strategies for increasing gender diversity in medicine and science. The importance of intersectionality, learning from the Global South, and the under-recognition of women's experience of harassment and abuse are key themes.

Collectively, the theme issue lays out robust evidence to inform an action plan for institutional leaders to confront gender bias, improve diversity and inclusivity, and drive change. Strategies to redress inequalities are not just women's issues—they require the full participation of everyone in deeper explanations and solutions.



#### Related content

**Theme issue:** read the *Lancet's* Feb 9 issue, on science, medicine, and

**Journal highlights:** view articles organised by theme and the *Lancet* family of journals

**Launch events:** read the full issue or watch the full #LancetWomen New York launches.

**Profiles of women leaders:** view the collection

**International advisors:** view members' biographies

#### Audio

# NIH apologizes for its failure to address sexual harassment in science

By LEV FACHER [@levfacher](#) and MEGAN THIELKING [@meggophone](#) / FEBRUARY 28, 2019

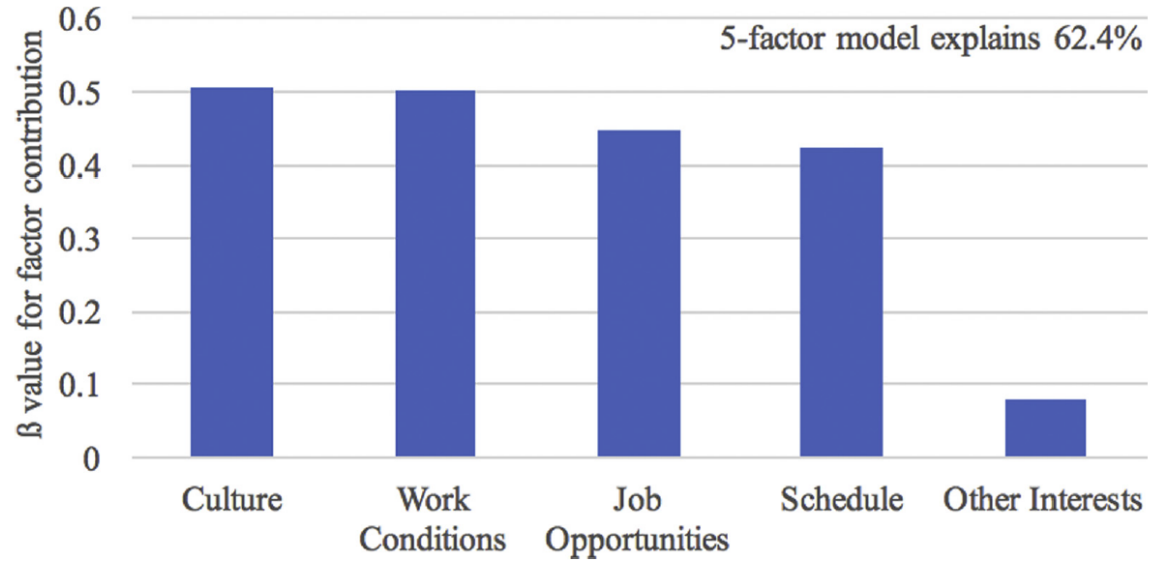


Half of women stated a “lack of opportunity” as the primary barrier to a career in IC.

Capranzano et al.  
Eurointerv 2016

Yong et al.  
JACC: Cardiovasc  
Interv 2019

**FIGURE 3** Barriers to Choosing IC



Five categories of attributes were identified as barriers to selecting an IC career. They are shown here according to beta value for the factor contribution, which means that the factors with the highest beta values contributed more to deselecting IC. This 5-factor model explains 62.4% of variance in the original variables accounted for by the factors. IC = interventional cardiology.

# EXTERNAL DRIVERS

- Donors
- Funders of research and educational programs
- Public and patients
- *Academic and professional organizations*
- TIME'S UP Healthcare



- An initiative of the TIME'S UP Foundation, a 501(c)3 organization
- 50 founding members
- 14 advisors
- Medicine, nursing, research, healthcare administration, non-profit, and service
- Over 40 signatories, and growing...



- Raise awareness and knowledge about inequity and harassment and their effect on healthcare
- Make equity, inclusion, and safety central, visible, and urgent priorities
- Unify efforts across healthcare organizations and disciplines
- Improve standards for institutional responses to inequity and harassment
- Provide support for moving from structures to processes to outcomes
- Support & improve protections for targets of harassment